

French fare

Restaurants have already begun to pop up in the up-and-coming foodie hotspot Sai Ying Pun, including the one-year-old French bistro, Metropolitan. A spacious patio, big windows and high ceilings all contribute to the restaurant's airy mood for a casual meal in the afternoon and evening alike.

The menu focuses on French cuisine with a home-style touch and elegant presentation. Light and colorful, La Vegetarienne includes a choice of appetizing and palatable recipes: The refreshing Eggplant Cannelloni filled with a tomato mixture, some crunchy Green Beans dressed with mint and rosemary, some meltingly softly marinated Bell Pepper and Portobello Mushroom stuffed with cheese and garlic bread crumbs. Meanwhile, L'Assiette de La Mer combines all the delicacies from the sea: the unavoidable Salmon Tartar and the Crab Salad with Avocado, some marinated Salmon with a dill and Dijon mustard sauce and some scrumptious shrimps in a unctuous Marie Rose sauce which is both healthy and delectable.

METROPOLITAIN

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